

How Porn Hurts Object Lesson

Baking Soda and Vinegar Experiment

Purpose: To visually demonstrate the mental and emotional effects of pornography on children's feelings and brains.

Required Materials:

Clear cup or jar

¼ cup baking soda

½ cup vinegar

Directions:

- 1 Place the clear cup or jar on a flat stable surface. Tell the child(ren) the cup represents a person's body
- 2 Pour the ¼ cup of baking soda into the jar.
- 3 Explain that the baking soda represents a person's normal feelings and emotions.
- 4 Show the ½ cup of vinegar and explain that the vinegar represents pornography. Encourage the child(ren) to pay close attention as you add the vinegar to the baking soda.

Ask the child(ren) to describe what they see happen.

Read to the child(ren):

Pornography is bad pictures of people with little or no clothing. Just like how the baking soda reacted to the vinegar, our brains react to pornography. Pornography confuses our feelings, our brains, and our emotions into wanting to see more. It can be dangerous, but don't worry. If you see pornography, it is NOT your fault, and here are steps to help:

- 1 Call it what it is: "That's pornography, that's a bad picture."
- 2 Turn it off, turn away.
- 3 Talk to your Mom and Dad. They will help you.

You are loved and if you have any questions, you can always talk to your parents.

Discussion:

- How was the baking soda's reaction to the vinegar like our body's reaction to pornography?
- What should you do if you see pornography?