

## How Porn Hurts - Seeking Help

### Story:

Justin was so excited. He finally got all his homework done which meant according to Mom's rules he was now able to play his favorite game. He turned on the computer, thinking of all the possibilities of what he could do in his game. Would he go search for treasure? Stay and make his home base better? Or go and fight some enemies? He couldn't decide, but one thing he did know was it was going to be awesome. He excitedly clicked all the normal buttons, but this time an advertisement popped up on the screen. It was of a person wearing little clothing.

### Stop and Discuss:

What happened to Justin? (He saw pornography and felt guilty).

Immediately, Justin's stomach felt weird. He started to feel guilty. He told himself, "That's a bad picture." Justin turned off the computer and went to his room.

Justin didn't know what to do. Should he tell his mom? What would she say? He didn't mean to see the bad picture, but he couldn't shake how he felt. Justin remembered his mom said if he ever saw pornography, he could talk to her. As worried as he was, Justin decided he would go talk to his mom.

### Stop and Discuss:

What did he decide to do? (He called it what it was, "a bad picture," turned off the computer, and went to talk to his mom).

Justin found his mom in the kitchen working on dinner. "Mom," Justin said. "I'm so sorry. I was trying to play my game, and this bad picture came up on the screen, and now I just feel awful." Justin started to sweat, but his stomach felt better. He already felt free of the guilt.

Justin's mom gave him a big hug. "I love you Justin, thank you for telling me. You are so brave and did the right thing by coming to talk to me. Let's talk about what we can do to prevent this from happening again."

### Stop and Discuss:

What should you do if you see pornography?

- 1 Call it what it is: "That's pornography, that's a bad picture."
- 2 Turn it off, turn away.
- 3 Talk to your Mom and Dad. They will help you.