Parents Teach Sex Best Talk to Mom and Dad

Charlene was excited for after school. Today her Mom and Dad were going to take her to the zoo. She could not wait! She loved seeing the animals, walking the trails, and just spending time with Mom and Dad! But first, she had to sit through a few more hours of school.

Charlene's thoughts of the zoo stopped when her teacher asked for the classes' attention. "Class, we have a special visitor today to discuss our next topic, please show respect and listen well," said Charlene's teacher.

Charlene knew how to be respectful. She knew to listen while someone talked, be kind in her questions, and to think about other people's feelings. She was ready. At first Charlene thought the visitor was fun. They talked about interesting topics and told funny jokes. Then they started to talk about sex. As she listened, Charlene realized what the visitor was teaching was very different from what her parents had taught her about

Stop and Discuss

How do you think Charlene feels? What do you think she should do?

Charlene thought about it. She was taught you can disagree with someone and still be respectful. She felt her cheeks get hot, but Charlene was determined. She raised her hand. "Do you have a guestion?" the visitor asked.

"What you are saying doesn't match what my parents have said about this, why is that?" Charlene listened as the visitor explained. While the visitor was still interesting and funny, the answer the visitor gave left Charlene feeling uncomfortable. Why was this visitor saying something different than what her parents have said about sex?

sex. Charlene did not know what to do.



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Should Charlene just accept what they said and move on to the next topic? Charlene didn't know.

The rest of the day passed, and it was finally time to go to the zoo with Mom and Dad. As they drove to the zoo, Charlene wondered why she felt weird. She thought about her day. She then remembered what happened with the visitor to her class. She wanted to tell her parents, but she felt embarrassed. It was uncomfortable to think about what happened in class today. What should she do?

Stop and Discuss

What do you think Charlene should do?

Charlene remembered something her parents said, "There are so many inappropriate messages about sex, if you ever have questions, we want you to talk to us so we can teach you the truth." Charlene decided to tell her parents about what happened.

"Mom, Dad," Charlene waited for her parents to respond so she could continue.

"What's up?" Dad asked.

Charlene told them all about the visitor, what they said, how she tried to be respectful even when she disagreed, and that the visitor's answer to her question made her feel funny.

"Charlene, we are so glad you asked us about this, let's talk about our values and how they relate to sex, and discuss what we want to do about this as a family and with your school," Mom said. Then Charlene's mom added, "I'm so proud of you for your bravery to tell us about this, and how respectful you were to the visitor."

They were just beginning to talk, but already Charlene felt relief. She and her parents talked about what they would do for next time.

Stop and Discuss

How would you feel to be Charlene? What should your family do if you encounter this situation?