

Preview

Main Ideas

- 1) Sexual desires are needful, appropriate, and a joyous part of human nature.
- 2) Pre-marital sex and infidelity harm the individual, children, families and societies.
- 3) When we, as a society, walked away from chastity, we walked away from our children.
- 4) The Sexual Revolution normalized pornography, pre-marital sex, abortion, unwed childbearing and the family breakdown.

Activities

- 1) Interview a family member about their wedding day. What made it special? Where did they get married? Why did they choose to marry their spouse? Share with the family.
- 2) Make a plan to be chaste. What do you commit to do? Read your plan to your family.
- 3) Make a wedding cake and decorate it together.

Month 3: Sexual Integrity Strengthens Us

Resource 1: Sexual integrity is not repressive, it is freedom. It means you believe in love.

Parent

Freedom of Chastity



Family

Love and Marriage



Why is having sexual integrity important to an individual, to a family, to a community?

Month 3: Sexual Integrity Strengthens Us

Resource 2: Sexual Integrity helps create more dynamic relationships.

Parent

Does chastity make relationships boring?



Family

Road Not Taken



What difference might choosing sexual integrity make in your life?

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Resource 3: Sex only in marriage helps create a safe and lasting relationship.

Parent

"Fewer Sex Partners Means a Happier Marriage"



Family

Can you feel the love tonight?



If something is special to you, how do you treat it differently?

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Resource 4: The Sexual Revolution resulted in less commitment and deemphasized the importance of families

Parent

Five Paradoxes of the Sexual Revolution, Part 1 and 2



What does it mean to “use” someone? How would that make them like an object? Creating real/true relationships helps avoid this.

Month 3: Sexual Integrity Strengthens Us

Family

My body belongs to me, from my head to my toes.



Resource 5: I would rather be single my whole life, holding out for someone totally awesome, than lowering my standards.

Parent

The hardest thing about not having sex before marriage was not what I expected.



Why is it important to wait until marriage to have sex? How might understanding and applying sexual integrity help me reserve sexual relations for marriage?

Month 3: Sexual Integrity Strengthens Us

Family

Learning to Wait



Resource 6: Sexual integrity prevents people from being treated as objects instead of individuals of worth.

Parent

I thought casual sex would be empowering, but it was the opposite



What are some ways to identify ideas about sex and marriage that are counterfeit?

Month 3: Sexual Integrity Strengthens Us

Family

Counterfeit



Resource 7: Sexual integrity always empowers and strengthens the individual, their spouse and their relationship, even if they haven't met yet.

Parent

The Longterm Costs of Hookup Culture



What is integrity? How does sexual integrity strengthen your marriage if you aren't even married yet?

Month 3: Sexual Integrity Strengthens Us

Family

Integrity



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Teach, Empower and Enjoy Your Children.

Resource 8: People are lonelier now than ever before. Saving intimacy for marriage will help couples find someone who truly values them.

Parent

Understanding the Sexual Trends in the Dating Culture



Family

What is the Value of Your Life?



Tell about a time when you felt special and loved. Who was there and where were you?

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Resource 9: Chastity can be chosen every moment of every day, regardless of what you have chosen in the past.

Parent

Is It Too Late For Me?



Family

A New Day



What are you happy to have left in the past?

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Resource 10: Protecting myself with sexual integrity

Parent

Cheap Sex Is the 'Inconvenient Truth' that Explains the Retreat from Marriage



Family

Milk and Dish Soap Experiment



What's one decision you will make today that will help you maintain sexual integrity throughout your life?

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Review

Parent

Discussion Questions Survey



Family

Matching Talking Point Game



Click a card, listen, then click another card to find its match. No match? Click new card and start again. Make sure sound is on (🔊) to hear all the card information.

How many talking points do you know?

Month 3: Sexual Integrity Strengthens Us

Role Play #1

Scenario

Someone says, "Everyone is having sex without being married. You're not going to stop it. And it's not that big a deal; it doesn't hurt anyone."

Response

Talking Point: When we, as a society, walked away from chastity, we walked away from our children. The victims of the bad ideas of the sexual revolution have always been children.

Role Play #2

Scenario

Someone is criticizing you for choosing to have sexual integrity; or making fun of your beliefs that sex should be saved for marriage. What would you say?

Response

Talking Point: Integrity is a deliberate choice not to devalue yourself or others sexually. Each person should have control over their decisions and experiences. A conscious choice to have sexual integrity creates self-esteem throughout a person's life.

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Reflect

Parent

Review some Homefront Project articles/videos from the Sexual Revolution unit.



Family

1. What did you learn?
2. What do you want to do differently?
3. What were you surprised by?
4. With whom do you want to share what you learned?

Which was your favorite resource or video?

Summarize & Share

Parent

Unit Survey



Family

Which is your favorite image to share from the Sexual Revolution unit?



Who will you share this with?

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