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KIDS

Teach, Empower and Enjoy Your Children.

Preparing for Marriage

Making and Keeping Friends

Making and keeping friends is a great way to prepare for marriage. When you meet someone new, what do you do to get to know more about them? One way is to ask questions. Asking people questions is a terrific way to learn more about them, and to find out what is important to them. Listening closely to their answers is also an important skill in communication in friendship and marriage. An important part of marriage, is finding a companion with whom you can share - and they will listen, and vice versa. Then, continue to work together to further develop your communication skills.

When asked questions, only give information you feel comfortable sharing. Some things you may not feel comfortable sharing with someone you don't know well. You may only feel comfortable sharing it with your parents or a trusted adult. If someone asks you something you don't feel comfortable answering, there is nothing wrong with telling them you don't feel comfortable talking about that or answering that question. That is also a part of communication.

For this activity, find a parent, sibling, or invite over a friend and play this "Friendshipping" game. You could even do this during lunch, recess, before or after school. Take turns asking each other questions. You may want to ask the person how they would respond to the same question. Feel free to use questions from the list or ask your own. Spend equal amounts of time listening and asking.



Inspired by "36 Questions to Help Kids Make Friends"
https://ggia.berkeley.edu/practice/36_questions_to_help_kids_make_friends

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1. What is your favorite subject in school?
2. What is your favorite dessert or flavor of ice cream?
3. What is/was your favorite pet? (If you've never had a pet, what pet would you choose if you could?)
4. What's your favorite thing to do during summer vacation?
5. What is your favorite TV show or movie?
6. Do you like to get up early or sleep in on the weekends?
7. What foreign country would you most like to visit and why?
8. If you could have one superpower, what would it be?
9. Describe your worst haircut ever.
10. Describe your best friend (without saying his/her name).
11. If you had to move from your school, what would you miss the most?
12. If your house was on fire and you had time to safely grab one thing before running out, what would it be?
13. If you could be famous for something, what would it be?
14. Describe one quality you wish you had.
15. What would a perfect day at school be like?
16. What would you like to change about your life if you could?
17. Name one thing that would make your parents/family proud of you and one thing that would make them disappointed in you.
18. Name one thing you and I appear to have in common.

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1. What is your favorite thing to do after school?
2. What is your favorite restaurant and what is your favorite food there?
3. Of all the places you've lived or visited, where was your favorite and why?
4. What is your favorite song?
5. What is your favorite holiday and why?
6. Who was your favorite elementary school teacher and why?
7. What state in the United States would you most like to visit and why?
8. If you had a lot of money and could do anything you wanted with it, what is one thing you would do?
9. Describe a time you got hurt (e.g., broke a bone).
10. What is the best gift or present you have ever received and why was it so special?
11. If a crystal ball could tell you the truth about one thing in your future, what would you want to know?
12. If you could have dinner with anyone in the world, who would it be?
13. Think about your greatest dream or wish. What is your biggest obstacle in making it come true?
14. What would your worst day at school be like?
15. How would you describe a true friend?
16. If you could choose one thing about your life that would never change, what would it be? If you could change one thing, what would it be?
17. Name one thing you like about your parents/family.
18. Name one thing you like about me.

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1. Do you think boys or girls have it easier?
2. If you had a magic mirror that allowed you to see exactly what was going on anywhere in the world, where would you look?
3. Imagine that the principal told you he wanted to make the school better and would change it in any one way you suggested. What would you tell him to do?
4. If you could be the most attractive, the most athletic, or the smartest student at school, which would you choose?
5. If you could make a TV show or YouTube video about anything you wanted and you knew millions of people would see it, what would it be about?
6. If you had to choose right now what job you would have as an adult, what would it be?
7. What is one thing you wish you were better at?
8. What is the biggest difference between what happens on TV and what happens in your life?
9. Describe a time at school when you were mean to someone else. What would you have changed about the situation if you could?
10. Would you rather your mom or dad give you more presents or spend more time with you? Which would make you feel more loved?
11. If you woke up tomorrow and you were grown up with kids of your own, what would you do differently than your parents? What would you do the same?
12. What is your biggest regret?
13. When you think about the future, what worries you the most?
14. If you could change one thing about the way you look, what would it be?
15. If you had an entire day and money wasn't an issue, what would you do?

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1. Do you think it would be easier to be an only child or have lots of siblings?
2. If you could be invisible for a day, what would you do?
3. Imagine you had the opportunity to give a 10-minute speech to all the students in this school. What would you talk about?
4. What is the hardest part of middle school?
5. Describe one good thing and one bad thing about being popular at school.
6. What is one job you hope you never have as an adult?
7. If you could be really talented at one thing, what would you choose?
8. Name one thing you think you could do better if you were the principal.
9. Describe a time at school or online when someone was mean to you. What would you have changed about the situation if you could?
10. If you could give your parents one tip on how to be better parents to you, what would it be?
11. Name one thing people do that really gets on your nerves.
12. If you could travel to the past in a time machine and change one thing, what would it be?
13. What is your biggest fear?
14. What is your proudest moment?
15. Name one reason we would be/are lucky to have each other as a friend.