

HomeFront. PROJECT

KIDS

Teach, Empower and Enjoy Your Children.

Preparing for Marriage Empathy

Develop your friendship and relationship skills

Empathy requires seeing things from another's perspective and a willingness to establish a connection.

Sesame Street: Mark Ruffalo and Murray on Empathy

<https://tinyurl.com/mr8hhuf2>



Discuss:

- 1) What are some things you can say when you feel empathy for a person and the challenge they're going through?
- 2) How does it make you feel when someone empathizes with how you feel?
- 3) Would you want to date or marry someone who didn't have empathy? Why or why not?