# PROJECT

Teach, Empower and Enjoy Your Children.

## **Sequence of Success**

# Water, Glass and Coaster Experiment

### **Required Materials:**

Cup or Glass Water Bucket or something to catch water spills Coaster or sturdy paper (this must be bigger than the rim of the cup)

### Instructions:

- 1. Get your work surface ready for water spills
- 2. Place the cup or glass in your work area
- 3. FIll the cup to the rim with water. The water must be all the way up for this to work.
- 4. Place the paper or coaster over the top of the cup. Be sure to cover all of the cup.
- 5. While holding the paper or coaster to the cup, flip the cup upside down.
- 6. Now hold the base of the cup, taking your hand off the paper or coaster.
- 7. If done correctly, the paper or coaster should hold the water in the cup preventing it from pouring out. Be careful, the paper or coaster will eventually fall from the cup releasing all the water.



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Think back to our previous discussions on why marriage matters. What do you remember? One concept we addressed is a cornerstone approach to marriage versus a capstone approach to marriage. You will remember a cornerstone approach to marriage means you view marriage as a foundation on which to build your life and a capstone approach is to view marriage as the finishing piece to your life.

Having a cornerstone view on marriage allows you to be able to apply the protective force of marriage in your life. Marriage still needs watchful care and attention to last through the challenges that come with life and two people from different backgrounds joining together. That care is needed in any relationship. However, without the protective shield of marriage, there are additional challenges that can negatively impact that relationship.

It has been found that married men and women have higher quality relationships, experience less depression, drug use, less violence and more happiness when compared to cohabiting couples.

References: <a href="https://www.youtube.com/watch?v=AKHsJAy\_peo">https://www.youtube.com/watch?v=AKHsJAy\_peo</a>

**Discuss** In what ways is the coaster preventing the water in the cup from falling like how marriage protects individuals and families?