HomeFront. PROJECT Teach, Empower and Enjoy Your Children.

Building Healthy Relationships to Prevent Divorce Heeding Warnings for a Better Future







NON-POTABLE WATER
DO NOT DRINK

Click to listen

DISCUSS:

What do the above have in common?

Younger Children: Parents have a <u>desire and a responsibility</u> to protect their children from harm. Parents are often able to see dangers that children can't. As you watch this video about parents protecting their children, think about the ways your parents have protected you.

Click to watch this short video **SHARE** stories about how you have protected your children in the past, or how your parents protected you.

QUESTION: In what ways do parents protect their children today? In what ways will you work to protect your children in future?



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Older Children: See previous page. Each of these are different kinds of warning signs. Listening and adhering to these warnings will keep you safe. Just like other aspects of life, relationships have warning signs too. Do you remember some of the relationship warning signs from the prior discussion? (See the Day #2 Resource for a review.)

Remember, dating is the time to figure out what traits you want in your future relationship. Don't settle on someone who is not as invested in having a healthy relationship as you are. This is the time to think carefully about what you want and don't want in a relationship, as that spouse will also be the mother or father of your future children. The choices you make today, even as a child, teen, young adult, have the potential to impact your future children and family.

Discussion:

What are some choices you might make, today, that could potentially harm your future children?

[Examples could include: Hang out with friends who make bad choices, get involved in using drugs and alcohol, let my grades slide, not finish my education, not listen to my parents, engage in pre-marital sex, etc.]

Work now to lay the foundation for a strong marriage. Studies show that children take divorce particularly hard. <u>Divorce shatters a child's safety and well-being</u>. Divorce <u>negatively impacts children</u> in a variety of ways and even has them question the ability of their parents to care for them. Children are <u>entitled</u> to be born to a married mother and father who honor their marital vows and care for their children. So, for the sake of your children, prepare now to give them the best family possible.



References: https://www.psychologytoday.com/us/blog/in-practice/201502/51-signs-unhealthy-relationship