Teach, Empower and Enjoy Your Children.

## A.R.T. - Children's Needs Come First Staying Safe

### For Younger Children:

Don't you just love going to the playground? It is so fun to play on the swings, slide down the slide, climb on all the equipment, and simply explore. Playgrounds are a fun place and your parents have rules they help you follow so you can be safe and enjoy the playground.

### **Discuss:**

What are some of the playground rules your parents ask you to follow?

The rules might include:

- Play nicely with the other children on the playground.
- Only slide down the slide
- Wait your turn
- Take a water break
- Don't run too close to the swings
- Sit down on the slide

And many more.

Your parents want you to have fun and all these rules help to make your playground visit fun and safe.

### **Discuss:**

What are some things that can happen when we, or other children, don't follow some of these basic rules of the playground - or make up our own rules?



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Just like following the rules for a playground helps to keep you safe, families have a way to grow and develop to maximize the safety and fun for children.

Some of the rules for the best chance of having a happy and successful family include:

- A married mother and father
- Their biological or adopted children
- Lots of love
- Guidance/Direction by the parents
- Obedience by the children
- Communication

You may hear other people telling you different or "new" rules about how to create or put together a family. Sometimes those "new" rules can work out just fine, but more often, they don't work out as well as when we follow the basic, natural rules for having a happy family. That's how we know which person's advice or set of rules is correct - we look ahead and consider the consequences of what that person is suggesting we do. When we follow the long-standing and well-tested rules, we can be happy and safe - and we can help those around us, too!

Resources: <u>https://playgroundprofessionals.com/playground/safety/playground-safety-tips-teach-your-child</u> and <u>https://preschooltoolkit.com/blog/teaching-children-playground-safety/</u>



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## **Older Children:**

Consider the quotes below and use the following questions to guide your discussion.



**Introduce the story and background of the radium girls and connect to the harms being seen in ART.** Consider the quotes below and use the following questions to guide your discussion.

In the 1920's, a dial painter was usually the highest paying job a young woman could get. To be a dial painter was a very popular job and not just because of the pay. At the time of its discovery, Radium was used in all areas to maintain good health. The doctors of the day would never have spoken negatively about it. However, the Radium Girls found a problem from working with Radium. For a time no one in the science community wanted to listen or even test the Radium for a problem, but through their efforts, the Radium Girls were able to prove scientifically and legally that Radium can be detrimental to people's health. Today, Radium is used in <u>radiography</u> (think x-rays) and all agree Radium can be harmful when not used properly.

However, there are new harms to women that the scientific and legal community, once again, refuse to acknowledge. Egg extraction for "donation" to assisted reproductive technologies is one of these new questionable practices. Like the Radium Girls, there are women stepping forward to call out the dangers of hyperstimulation used in human egg extraction, but most of the women who are experiencing adverse reactions to the procedure are being largely dismissed and ignored by the medical and scientific community.

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Egg extraction is a surgical procedure. As with all surgeries there is always a risk of side effects and complications. This is especially true for new procedures and surgeries where little is known about the long-term effects. There has been little to no research or follow up on the women who have "donated" their eggs, in an effort to determine if there are negative side effects from the hormones given and the egg extraction procedure, itself.

(Note: Each parent or teacher can make the decision as to how much of the information, below, they would like to share with their children/students.)

The first step to begin the process for egg donation starts with the woman taking a medicine to stop her normal menstrual cycle. The woman will then start injecting herself with different drugs to stimulate the ovaries to produce multiple eggs. This is called hyperstimulation. This can cause a woman to develop ovarian hyperstimulation syndrome and requires hospitalization. Additionally, frequent blood tests and ultrasounds are needed to watch for adverse effects from the medications the woman is taking.

Before the eggs are removed, the woman receives one more injection of drugs. Then the doctor does what is called a transvaginal ovarian aspiration. The doctor inserts an ultrasound probe into the woman's vagina and uses a needle to extract the eggs from the ovarian follicles where the eggs have grown. This is a surgical procedure lasting around 30 minutes in which painkillers, sedatives, or anesthetic may be used.

Some risks of egg donation include:

- Ovarian Hyper Stimulation Syndrome (OHSS)
- Ovarian torsion (requiring surgery)
- Kidney disease
- Ovarian cysts

- Loss of fertility
- Stroke
- Premature menopause
- Cancer

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### Tying it all together:

As mentioned, not all the risks of egg donation are known, including long-term health risks and consequences. Not all women who "donate" eggs have negative consequences, immediately. But like the Radium Girls who experienced the negative impact of Radium over time, the women who provide eggs for assisted reproductive technologies are positioned to be the next victims of an industry (the fertility industry) - and the medical and scientific community that provides them cover - because, thus far, the industry has refused to take a serious look at the potential dangers to women.

For a more in-depth look into the issues associated with egg donation, take a moment to review these websites and articles:

Things you should know about egg donation Center for Bioethics and Culture

### Risks of Egg Donation Center for Bioethics and Culture

### **Resources:**

- https://cbc-network.org/2020/06/the-risks-of-egg-donation/
- <u>https://cbc-network.org/wp-</u> content/uploads/2022/02/3\_Things\_You\_Should\_Know\_About\_ Egg\_Donation-Center\_for\_Bioethics\_and\_Culture.pdf
- <u>https://cbc-network.org/wp-</u> content/uploads/2022/02/3\_Things\_You\_Should\_Know\_About\_ Third\_Party\_Reproduction-Center\_for\_Bioethics\_and\_Culture.pdf
- https://www.medicalnewstoday.com/articles/314750
- <u>https://www.whattoexpect.com/getting-pregnant/ovulation/ovarian-follicles</u>

